Planned Program Content (PPC)

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| --- | --- |
| Skater / Team Name: |  |
| Discipline: | e.g. singles, synchro |
| Division | e.g. Advanced Novice Ladies |

Elements:

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Short Program Elements (SP)** |  | **Free Skate Elements (FS)** |
| 1 |  | 1 |  |
| 2 |  | 2 |  |
| 3 |  | 3 |  |
| 4 |  | 4 |  |
| 5 |  | 5 |  |
| 6 |  | 6 |  |
| 7 |  | 7 |  |
| 8 |  | 8 |  |
|  |  | 9 |  |
|  |  | 10 |  |
|  |  | 11 |  |
|  |  | 12 |  |